



# The Prana Program - Effective & Enjoyable Evolution

*Jasmuheen*

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## **The Prana Program - Effective & Enjoyable Evolution** Jasmuheen

Everything you need to know about prana.

Alternate Energy for the New Millennium,

including a practical Prana Program

for eliminating hunger in Third World countries.

Also The Prana Program presentation at

<http://www.selfempowermentacademy.com.au/htm/divine.asp>

Can we eliminate all health & hunger challenges on our planet?

Is there a way of satiating everyone's physical, emotional, mental and spiritual hungers and do it in a way that creates peace and harmony in our world?

After over a decade of experiential research in the field of alternate nourishment utilizing chi or prana – also known as cosmic particles – Jasmuheen as leading researcher in this field, now puts forth a program to do just that. Specializing in Third World countries, THE PRANA PROGRAM e-book is an encyclopedia type compendium of 'everything you always wanted to know about prana and more'. Styled in Question & Answer format this book covers alternate methods of nourishing and even hydrating the body using an inner energy source already produced in the body thus freeing us from our dependence on world's food resources and changing the economic status of our world.

Compiling questions from the last decade of her travels, this latest e-book also offers details on: Prana Program Benefits; Prana & the Bio-system; Prana & The Brain; Prana & Darkroom Technology; Prana & The Heart; Prana & The Cells; Prana & Field Science; Prana & Inter-dimensional Life; Preparation, Physical Changes & Preprogramming; Calibration, Testing & Comfortable Conversions; Social Scenes – Prana & Social Scenes; Prana & Parenting; Prana & Other Family Members – Harmonizing Households; Prana & eating Disorders; Prana & Sexuality; Global Issues – Gifts & Growth – Past, Present & Future; Prana & Health; Prana & Religion; The Prana Program & the Environment; The Prana Program & Politics; Skeptics & the Media; plus Solar Nourishment, Bigu & The Bigger Picture are in Chapters 2 to 8 of THE PRANA PROGRAM. Chapter 9 deals with a pragmatic simple nourishment system for both first and third world health and hunger challenges.

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