



Sexual Reflexology: Activating the Taoist Points of Love

Mantak Chia, William U. Wei

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Sexual Reflexology: Activating the Taoist Points of Love Mantak Chia, William U. Wei
Moves reflexology beyond the realm of foot massage and into the realm of sexuality.

- Offers acupressure methods to build intimacy and heighten sexual pleasure.
- Helps couples find their sexual energy potential and physical compatibility.
- Provides techniques to perform time-tested Taoist sexual-spiritual exercises.
- By Mantak Chia, coauthor of *The Multi-Orgasmic Man*.

The most powerful reflex points on the body are on the sexual organs. While the practice of reflexology is normally associated with massage of the feet, in *Sexual Reflexology* Mantak Chia gives applications for using the sexual reflex points in lovemaking, transforming sexual intercourse into a form of ecstatic acupressure. By combining the classic Taoist sexual texts with modern reflexology theory, the author provides a unique opportunity for couples to practice sexual intimacy as an act of healing.

Mantak Chia shows how to evaluate a person's sexual energy potential as well as how the size and shape of the sexual organs determine a couple's compatibility. In addition to the specific ecstatic acupressure exercise instructions, he provides thoughtful commentary on ancient Taoist practices that reveal how we can all use our sexual essence to create healthy and loving relationships.

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