



Inspirational ways to succeed with ADHD: Real life stories and strategies to help you thrive with ADHD (ADHD Awareness Book Project) (Volume 4)

Laurie D. Dupar

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New ways and inspirational stories to help you succeed with ADHD. This fourth edition of the ADHD Awareness Book Project series, takes to a new level the traditional of publishing ADHD experts' answers to the question, "What is the most valuable tip or strategy you know of for succeeding with ADHD?" Along with the brand new bite-sized tips, strategies and resources from ADHD experts and professionals around the world, this 2014 edition includes personal an inspiring stories about living successfully with ADHD. Within these pages you will find brand new tips, strategies, resources...and new inspirational stories from people just like you so you can succeed with ADHD.

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