



# Playing for Real: Exploring Child Therapy and the Inner Worlds of Children

*Richard Bromfield*

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## **Playing for Real: Exploring Child Therapy and the Inner Worlds of Children** Richard Bromfield

In this illuminating book about the fascinating realm of child therapy, Harvard Medical School psychologist Richard Bromfield shares the stories of children and teens struggling with a variety of problems—from paralyzing anxiety to incest, from attention deficit to Asperger's, from divorce to the universally trying demands of growing up. With prose that is wise, compassionate, and accessible, Dr. Bromfield reveals much about children's emotional development as well as the making of child therapists, including their inevitable missteps. Playing for Real offers parents, teachers, and therapists a vital understanding of the imaginative world of the child and a rich source of inspiration for helping us all cope in the real world.



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