



# Nights by the Wall: A Guide to Dreams, Dreamwork, and Profound Self-Knowing

*Barbara Black Koltuv*

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A dream not interpreted is like a letter unread. . . Chisda, Talmud Berakoth, 3rd cent In a dream, in a vision of the night . . . He opens the ears of men (Job 33:15-16)

In this engaging book, Barbara Black Koltuv, Ph.D, shares her wisdom, knowledge and her insightful approach to dreamwork to illuminate how each of us can find the way to Self-knowing, renewal, and healing. Dr. Koltuv evokes the image of the Wailing Wall in Jerusalem as a place of dreams and soulful dreamwork. At the Wall, we offer up our prayers to God, and at the Wall, if we listen closely, we can hear the voice of God within us. Dr. Koltuv uses this metaphor of the Wall as the conduit, the listening heart between the dreamer and the hidden voice waiting to be heard within the soul. In *Nights by the Wall*, Koltuv leads us through the realm of dreamwork to show how, through our dreams, we can come to know our Self in a complete and truthful way. Simply writing down dreams, and allowing them to matter, opens a sacred pathway to healing, wholeness, and joy. Dreams are the heart's knowledge and the guiding words of the soul. They give us a symbol system and a personal soul language by which we can know and become our most authentic Self.



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