



# **Travel Size Mandala Happiness 1, Adult Coloring Book: Inspire Yourself and Reduce Stress with these Beautiful Mandalas for Coloring (Volume 1)**

*J. Bruce Jones*

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Mandala Happiness 1 Adult Coloring Book – is now in Travel Size. This pocket-size coloring book is perfect for carrying with you on your trips. Coloring mandalas is a great way for reducing stress, inspiring creativity and bringing you inner peace. 5” x 8” in size, this book is designed to easily fit into a backpack, medium size purse or pocketbook. Add some markers or pencils and you are ready to go. The Mandalas Happiness coloring books for grown-ups and all ages are a wonderful way to continue your artistic journey.

From the creator of the popular Mandala Happiness Adult Coloring Book Series comes the Travel Size Mandala Happiness 1, Adult Coloring Book. It has the same illustrations as the larger book. The travel size mandala coloring book for adults brings you 46 blank mandalas to draw, color and connect with the world. Each mandala is printed on the front of the page with a blank page behind so they are perfect for your coloring pens and markers. Work with different color patterns and tones to match whatever mood you are in.

There is something about coloring and drawing that soothes your soul and helps your worries fade away. Bringing out your inner mandala happiness. The calming motion of hand to paper acts like meditation and brings you to a center. Enjoy many hours of peace, calm and your artistic side with this new volume of mandala coloring pages.

After coloring, take a picture and come over to our Mandala Happiness Facebook group and post your drawing.

These mandalas are perfect for fine tipped markers, colored pencils, colored pens, crayons, brush tipped markers, twistable colored pencils, gel pens and watercolor pencils.

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