



By Robin Robertson - Quick-fix Vegan: Healthy, Homestyle Meals in 30 Minutes or Less (9/13/11)

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150 quick and easy vegan recipes all made in 30 minutes or less from a well-loved, best-selling author in the vegan community. "Robertson cuts to the chase and puts together good food simply. If you were thinking of slapping together a sandwich, you may as well make one of hers, full of vibrant veggies and flavors, instead of the same old pb and j. It doesn't really take much more time... "It was a real pleasure making dishes from the book. Like everyone else, I don't have a ton of time, so quick is always good. Reading and cooking from Robertson's recipes, I admire the way her mind works. As a fellow recipe developer, I can appreciate a well-crafted recipe. These recipes are simplified, but still interesting, and follow the shortest path from point A to point B. Simple looks easy, but it takes skill to make it that way. I also appreciate the use of whole foods, like beans, nuts and seeds, and the near absence of mock meats. Just because you are in a hurry doesn't mean you have to go in for vegan bologna or burgers every night, in Robertson's kitchen." --Robin Asbell's The New Vegetarian



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Playing with family inside a park, coming to see the water world or hanging out with good friends is thing that usually you could have done when you have spare time, subsequently why you don't try factor that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love By Robin Robertson - Quick-fix Vegan: Healthy, Homestyle Meals in 30 Minutes or Less (9/13/11), you are able to enjoy both. It is fine combination right, you still would like to miss it? What kind of hang type is it? Oh occur its mind hangout guys. What? Still don't buy it, oh come on its called reading friends.

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