



## You've Got (Too Much) Mail! 38 Do's and Don'ts to Tame Your Inbox

*Chris A. Baird*

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**Is your inbox a mess? Are you being flooded by e-mails on a daily basis? Have you given up *hope* of ever getting control again? Do you feel stagnant, stuck in a rut, and ready for a change?**

Do you want the peace of mind that comes when you finally **get control** over your inbox?

**If you keep doing what you've always done, you'll never restore order! Is *this positive for you?***

**You've Got (Too Much) Mail!** teaches you every step, including *all the tips and tricks* you've been too scared to try. This is a **book of action** and doesn't just tell you to try harder. Life rewards those who take matters into their own hands, and this book is where to start.

**You've Got (Too Much) Mail!** is full of real-life examples, proven techniques of that have worked for thousands of people just like you. These methods are backed up countless research studies, all of which will arm you with a mindset primed for success and powerful, concrete **email busting** techniques.

*Easy-to-implement small changes and practical takeaways for immediate action.*

## What happens if you ignore your e-mails?

- **How does mess impact your work?**
- Why should you care about the flooding of your inbox?
- **What does your e-mail chaos do to your state of mind?**
- The truth about why you have a problem with keeping control

## How will you learn to get inbox control?

- **How to get started?**
- Find out what's holding you back
- **Learn how to make small changes work for you**
- Set daily quotas for work

## What happens when you don't let life pass you by?

- Never wonder "*what if*" you could be free of your overflowing inbox.
- Wake up every day knowing **you** have control of your e-mail and not the opposite!
- **Inspire yourself and others to see your empty inbox.**
- Give people the respect of getting a response to their e-mails in a timely fashion

*Find out how to let go of your fears and take flight towards peace and organization, period.*

## Create the life you always wanted!

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P.S. You'll be able to notice a difference within 24 hours.

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