



Riding with Life: Lessons from the Horse by Melanie Smith Taylor

Melanie Smith Taylor

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A book that captures the spirit and wisdom of a great horsewoman

In this comprehensive training guide, renowned Olympic gold medalist Melanie Smith Taylor shares her unique program for setting horse and rider up for success. Blending her in-depth knowledge of groundwork and flatwork with her vast experience in the hunter/jumper discipline, she explains how to achieve a harmonious partnership with your horse and realize his full potential-whether you're a weekend trail rider or serious competitor.

Against the backdrop of her life story, Melanie presents a wealth of specific exercises, instructional photographs, and valuable advice, as well as details about the many horses that have helped shape her approach. Throughout *Riding with Life*, she encourages us to appreciate and honor the nobility of the horse and forge a true connection with this majestic animal.

"Melanie has studied many years to bring this knowledge to you, and if you can approach it with the humility and passion she has, just imagine the possibilities!"-Buck Brannaman

"*Riding with Life* offers valuable insights on both groundwork and jumping, and is a great recipe for bridging a huge gap in the horse world."-George Morris

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