



# **Life Unstuck: Finding Peace with Your Past, Purpose in Your Present, Passion for Your Future**

*Pat Layton*

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# Life Unstuck: Finding Peace with Your Past, Purpose in Your Present, Passion for Your Future

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**No matter where you are today, the life you long for can be yours!**

We all start life with the ability to dream, but somewhere along the way life gets sticky. We find ourselves wondering:

- Does anyone know me for who I *really* am?
- Am I going to have to "fake it" forever?
- What do I have to offer the world?
- How can I dream about tomorrow when I can't even handle today?
- Is this all my life will ever be?
- Do I dare to dream of more?

With passion and enthusiasm, Pat Layton invites you to imagine a life where you experience peace with the past, enjoy purpose in the present, and expect the possibilities that the future holds. With fresh personal tools and clear action steps, she delves deep into the areas we get stuck in the most and unveils the path to the life you long to live.

**You are a one-of-a-kind design. *Life Unstuck* will help you live like you believe it!**

"*Life Unstuck* is a beautifully written book by my friend Pat that takes a fresh look at Psalm 139. Using this treasured Scripture as a guide, she speaks to our problems and questions with deep reassurances of God's promises. Readers will be able to identify where and why we've gotten stuck so we can move forward with great joy."--**Lysa TerKeurst**, *New York Times* bestselling author of *The Best Yes* and president of Proverbs 31 Ministries

**Pat Layton**, founder and president of Life Impact Network and is a busy speaker, author, and life coach specializing in "dream design" for women. She is founder of "Imagine Me . . . Redeemed, Restored, Renewed . . . Set Free," a national women's conference, and the author of *A Surrendered Life*. She and her husband, Mike, have three children and five grandchildren.

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