



# **Letting Go Of Your Past: Take Control of Your Future by Addressing the Habits, Hurts, and Attitudes that Remain from Previous Relationships (Transformation)**

*John Loren Sandford*

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The third book in The Transformation Series, this sequel to Transforming the Inner Man and God's Power to Change focuses on relationships and events that disable us from being able to relate and communicate with others effectively. By applying the scriptural principles for healing in this book, we can confidently:

- Build and maintain healthy relationships with spiritual and biological parents
- Create the right balance between "bearing one another's burdens" and allowing healthy separation as we empower others to grow and flourish
- Find true oneness in marriage relationships
- Become effective, contributing parts of society

The Transformation Series is a four-book collection that walks readers through the process of being renewed in mind and heart by the transforming power of the cross. It will lead to wholeness and balance personally and within the body of Christ.



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