



Handbook of Research in Applied Sport And Exercise Psychology: International Perspectives

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The explosion in sport and exercise psychology-related research over the last two decades has made it necessary to continuously reflect on the state of the art. This Handbook does just that, presenting diverse applied issues and different areas of applied research in sport psychology. Edited and authored by practitioners and scientists of considerable professional experience from Asia, Australia, Europe, and North America, the "Handbook of Research in Applied Sport and Exercise Psychology" represents science-related practice perspectives from different continents and cultures. The 26 chapters provide an excellent framework for knowledge-founded practices of psychological services to targeted samples within the sport and exercise domains.



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