



Fish on the Grill: More Than 70 Elegant, Easy, and Delectable Recipes

Barbara Grunes, Phyllis Magida

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Fish cooked on the grill is quick, easy, elegant, healthy - and, with the help of this book, is now completely demystified. From selection the grill to choosing the charcoal, you'll find thorough discussions of all equipment and techniques. The at-a-glance charts of fish type (with fat content, calories, flavor and substitutions clearly listed), of cooking times, and of how much fish to buy per person will clarify any question. You'll find so many delectable recipes that you'll be glad the fish cooks so speedily, for it's hard to wait to eat such favorites as Blackened Redfish, Salmon Fillets with Champagne Sauce, Scallops on a Bed of Peppers. There's also a special section of quick sauces and simply enticing recipes for "Five-Minute Fish," perfect for days when there is no time but plenty of appetite.



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