



# **The Idiot Factor: The 10 Ways We Sabotage Our Life, Money, and Business**

*Larry Winget*

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**The Pitbull of Personal Development and *New York Time* bestselling author is back with advice on the dumb things people do to sabotage their success**

What do people really want? They want what they've got. It's a simple formula. You have what you want because your actions produced your results. Not your words and certainly not your wants.

In his signature caustic yet lovable style, Larry Winget dishes out straight talk on what he calls "life's messes", and offers sound, simple solutions. Taking on business, family, health, being fat, being stupid, success, money, and more, Larry Winget points out exactly which changes have to take place in order for people to turn their lives around.

A little bit of business, a little bit of personal development, a little finance, a little parenting, a little health and wellness, *The Idiot Factor* will help anyone identify his or her own "areas of stupidity" and take action to finally achieve real success.

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