



Mindful Living 2017 Desk Calendar

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Live a more mindful life throughout the year with this calendar featuring breathtaking art and reflective words of wisdom.

Monthly Quotes:

January: Let yourself be open and life will be easier. - Buddha

February: The flowering of love is meditation. - Jiddu Krishnamurti

March: The quieter you become, the more you are able to hear. - Zen Saying

April: The wise see knowledge and action as one; they see truly. - Bhagavad Gita

May: Have patience. All things are difficult before they become easy. - Saadi

June: Put your heart, mind, and soul into even your smallest acts. This is the secret of success. - Swami Sivananda

July: Flow with whatever may happen and let your mind be free. Stay centered by accepting whatever you are doing. This is the ultimate. - Zhuangzi

August: Happiness is the absence of the striving for happiness. - Zhuangzi

September: Preoccupied with a single leaf, you won't see the tree. Preoccupied with a single tree, you'll miss the entire forest. - Takuan

October: Patience is necessary, and one cannot reap immediately where one has sown. - Søren Kierkegaard

November: Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared. - Buddha

December: Remember when life's path is steep to keep your mind even. - Horace

Details and Dimensions:

6" x 6.25"

One month per page

Month-at-a-glance

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