



# La Canne Royale

*Chris Slee, Larribeau, Eugene Hume*

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La Canne holds a unique position in the development of martial arts in the nineteenth century. It was at once a weapon for self-defense taught in the boxing and savate clubs across France and Belgium as well as a tool for gymnastics and physical education. The canne was taught to the officer class in military academies and to children in public schools. This volume presents two mid-century methods for learning the canne which encompass both these aspects of its use. Larribeau's 1856 *A New Theory of the Art of the Canne* concentrates more on self-defence and introduces lessons against a mannequin as a teaching method. Hume's 1862 *Treatise and Theory of La Canne Royale* centres more on the gymnastic and athletic aspects of the canne. Both provide a fascinating insight into the canne before it was codified by Vigny and incorporated into the composite English martial art of Bartitsu."



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