



Add and Your Money: A Guide to Personal Finance for Adults with Attention Deficit Disorder (Paperback) - Common

By (author) Karl Klein By (author) Stephanie Moulton Sarkis

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ADD and Your Money is a comprehensive, accessible guide to money management for adults with attention deficit disorder (ADD). Coauthored by Stephanie Moulton Sarkis, an ADD coach, and Karl Klein, a financial and legal expert, this book helps readers reduce impulsive spending, keep track of finances, and plan for the future.

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