



# Ten Secrets for the Man in the Mirror: Startling Ideas About True Happiness

*Patrick Morley*

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If You Do What You've Always Done, You Will Be What You've Always Been. Gut-level and frank--short enough to read on a single plane trip! Best-selling author Patrick Morley shakes up the existing messages about how men find happiness. In this paradigm-busting book, Morley challenges your comfort zone with neglected biblical insights about happiness that many have been afraid to utter in this me-first generation. You already know that money and stuff won't make you happy, don't you? Are you ready for some reality? Ten Secrets for the Man in the Mirror offers life-changing insights about the nature of true happiness and how to attain it. It helps you discover the "blockage points" that can keep you from joy, and it guides you toward success that matters. Concise and engaging, this book is perfect for the on-the-go man in search of a guiding purpose the rat race can't begin to offer. True happiness has everything to do with the kind of man you are and whose man you are.

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