



En el mismo barco. Navega con tu pareja en el mismo barco (Spanish Edition)

Mario Guerra

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¿Cuántas veces nuestras relaciones fallan porque no lo damos todo? ¿Cómo podemos construir una vida en pareja amorosa, plena, llena de abundancia y felicidad?

Nada se compara con llegar a casa y recibir un beso lleno de cariño de nuestra pareja. Por nada del mundo cambiamos el momento en que decidimos, llenos de ilusión y emocionados vivir juntos. Pero es muy cierto que para mantener viva y poderosa la llama del amor es necesario mantenerse firmes durante las tormentas emocionales y navegar juntos para superar las adversidades.

Mario Guerra, el gran especialista en temas de pareja, nos dice cómo mejorar nuestra comunicación, cómo hablar de dinero sin terminar matándonos, qué factores hacen más disfrutable nuestra sexualidad, cómo integrarte a una nueva familia después de un divorcio y qué hacer si hay infidelidad.

Con anécdotas graciosas, lecciones de vida derivadas de su experiencia profesional y una bibliografía indispensable, Mario Guerra nos dice cómo actuar frente a los hijos de nuestra nueva pareja, cómo lidiar con los suegros, qué decisiones tomar para mantener la paz ante las tareas domésticas y qué hacer para que una fractura en altamar no se convierta en un naufragio amoroso.

ENGLISH DESCRIPTION

In the same boat is the second book by Mario Guerra, author of the bestseller *Los claroscuros de amor*. In this new book, he offers a series of reflections oriented toward changing our attitude and being more understanding, working for better communication, and knowing how to speak without hurting those we love. The objective is to facilitate the search for happiness in a couple through tips, anecdotes, and case analysis. Mario Guerra simply and masterfully takes up a genre dominated by clichés and formulas; he adorns it with techniques refined from his time in television, and putting aside any kind of expectations, gives his readers a memorable experience.

Do you feel like your relationship is suffocating you? Do you love him but you can't stand him? Are you tired of always being told what to do? The way out of these and many other problems for couples are in this essential book for anyone who is or wants to be in a loving relationship. With a foundation on constant commitment, any couple can tackle topics like intimacy, romance, and forgiveness, and discover the key to a lasting, healthy relationship. The necessary elements are all in your hands, it's just a question of taking the leap.

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