



# **Your Guide to Back Pain (A Hodder Arnold Publication)**

*John Tanner*

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## **Your Guide to Back Pain (A Hodder Arnold Publication)** John Tanner

The Royal Society of Medicine -- Your Guide to Back Pain is the patient's ultimate source of essential and invaluable information. Providing all the necessary facts, guidance and support, this book will enable the reader to make informed choices and regain control of their life. Written by Dr John Tanner, Your Guide to Back Pain focuses on both the diagnosis and treatment of back pain, giving the reader advice on all the options available and how to deal with it in everyday life. This comprehensive guide will inform, reassure and support you when you need it the most. The clear, straightforward design of the book together with original features such as myth/fact boxes, key terms, question and answer sections and a chapter on who the patient/carer might meet in the NHS and their role in the treatment of the condition will prepare the reader for all that may lie ahead.

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