



The Anti-Cancer Diet: Healing With Superfoods: 21 Simple and Tasty Recipes That Fight Cancer

Linda H. Harris

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Cancer Diet, Cancer Fighting Recipes & Cancer Free Book

Eating a healthy diet is important for everyone, but especially those who are battling cancer. Cancer is notorious for sapping the strength and nutrition out of a person's body. Treatments such as radiation and chemotherapy have harsh side effects, including fatigue and lack of appetite.

To help in the fight against cancer, *The Anti-Cancer Diet: Healing With Superfoods* will point people, not just cancer patients, to a great, nutritious diet that provides strength, appetite and the weapons necessary to ward off cancer.

What's really outstanding is that The Anti-Cancer Diet is not boring or tasteless. Rather, the book provides 21 great recipes based on yummy superfoods known to fight cancer.

Filled with vitamins, minerals and other nutrients, these recipes are quick, easy and absolutely delicious. Plus, they give the immune system and healthy body cells the boost they need to be victorious over cancer.

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