



# **Hypnotic Awakening for Spirit Contact (Hypnotic Empowerment for Self-Awakening)**

*Janet I. Decker*

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The owl on the cover of this audio product represents what this hypnotic audio product can do for you. [Owl: Bird of magic and darkness. Symbol of spirit and ghostly contact.] This Audio product contains 2 programs. Program 1 Hypnotic Awakening for Spirit Contact Verbal step-by-step instructions gently guide the listener into a hypnotic trance state. Positive suggestions are then given to the subconscious mind to help pierce the veil between the worlds. With regular use the listener can connect with their Angel, Spirit Guide, or loved ones who have crossed over. The veil is thinner than you think! Program 2 Relax and Experience Spirit Contact. Step-by-step instructions guide the listener into a deeply relaxed trance state. Deep relaxation is extremely beneficial to mind, body and spirit. Program 2 enhances the effects of program 1. Program 1 and program 2 may be used independently of each other. An enclosed booklet describes what hypnosis is and how best to use/listen this recording to achieve the greatest results. Effects will vary from person to person. Hypnotherapy is considered complimentary medicine and is not intended to be used in place of medical or psychiatric care.



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