



Amalia's Guatemalan Kitchen - Gourmet Cuisine with a Cultural Flair

Amalia Moreno-Damgaard

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Winner of 9 National Awards, including Best Foreign Cuisine Book USA by Gourmand World Cookbook Awards 2014.

Enjoy fresh, simple, and authentic Guatemalan cuisine right from your own kitchen!

Amalia Moreno-Damgaard, a Guatemalan-American chef classically educated in the French culinary tradition, shares 170 of her favorite Guatemalan recipes for every occasion in her first cookbook aimed at home cooks. These healthy, quick, and easy gourmet dishes provide the perfect way to explore a fascinating culture that dates back to the ancient Mayan civilization.

Amalia's delicious, zesty recipes come alive with step-by-step instructions, helpful techniques and hints, personal stories, exciting suggestions for recipe variations, vegetarian and gluten-free options, and cultural insights behind the cuisine. Whether you're a chef expanding your repertoire, a Guatemalan embracing your roots, or a food lover who just enjoys a unique and delicious meal, *Amalia's Guatemalan Kitchen* will make your heart and your taste buds dance!



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