



# **A Weekly Guide for Two Network Partners Working through the 12-Week Workbook Study to a Proven Path to Sexual Integrity (Proven Men)**

*Joel Hesch*

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Skipping accountability while going through our companion 12-week workbook Study is the single biggest reason why most men don't find lasting freedom from porn or sexual addiction. Because not everyone has access to a formal Proven Men support group, we've created this Guide for two men to meet weekly as "network partners." Network partners are men that meet weekly to encourage and hold each other accountable. The process is quite simple. Each man works through the companion 12-week Study, named 12-Week Workbook Study to a Proven Path to Sexual Integrity, and meets weekly to discuss what they learned and how to apply it in their lives. This guide is the roadmap for each weekly meeting. This guide is perfect for you if you fit one of two categories. First, if you struggle and want to journey with another man, because you finally accept that you won't experience lasting victory on your own. This guide will walk you and other man through the process of accountability and encouragement needed for victory. Second, if you want to help another man break free, this guide is your roadmap. You don't need to have any training to go through this study with another man because it walks you step-by-step. Porn and sexual integrity are the biggest unaddressed issues in our society today. Over one-half of men struggle with porn and one-third are addicted. One third of married men also admit to having had an affair. Proven Men Ministries was founded over 15 years ago to equip the church and community to gracefully help men achieve victory over lust and become men of sexual integrity through a 12-week Bible-based workbook study, plus accountability. One of the best ways a man with a burden to help others experience sexual integrity is holding small support groups and creating a safe environment where men get connected and sharpen iron upon iron as they learn how to live out a Proven Life while working through our companion 12-week workbook Study. We have a separate Leader's Guide for that. But not everyone wants to hold a group or sometimes you want to help a man living across far away. In either case, this is the guide you need. This guide is specifically designed for two men to go through the companion Study each day and then meet weekly to discuss what you learn, gain teaching and tips on breaking free, and be a source of needed encouragement to one another. Even if you still have setbacks (and we all do!), you can use this guide to journey with another man as you travel down the proven path for sexual integrity. This guide is one of the most comprehensive guides available for being accountability partners, and walks you step-by-step through every step, including a detailed outline for every meeting. Even if you never led a group before, you will be equipped to hold weekly meetings with another man using this guide. Our companion book, named Proven Path for Sexual Integrity, explains the root causes that keep men trapped into bondage to sexual sins, the proven path to sexual integrity, and the role of lay leaders in the healing process. Our companion Study, however, is where real change happens, when combined with a weekly meeting with an accountability partner. Our website also has additional resources and videos to help you lead and journey with men struggling with porn or other sexual integrity issues. Find out how you can help yourself or other men rise up out of secrecy and become men of sexual integrity. Visit our website for more information: [www.ProvenMen.org](http://www.ProvenMen.org)



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