



# **Promoting Health in Families: Applying Family Research and Theory to Nursing Practice 3th (third) edition**

*Perri J. Bomar*

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This popular resource addresses all areas of family health with an emphasis on promoting health and wellness and family self-care. Formerly known as "Nurses and Family Health Promotion", this new edition is now entitled "Promoting Health in Families", indicating a more proactive approach to working with families. Five new chapters reflect the changing dimensions of family health care and family life. In addition, the new edition introduces an international perspective, recognizing the commonalities of family life across cultures and features special boxes addressing family health promotion issues in Canada.



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